



McDade Recreational Trail



McDade Trail is a 32-mile planned recreational trail along the Pennsylvania side of the park. The trail passes views of the river, cliffs, forested areas and farm fields. Terrain varies from rugged foot trail to wide paths. Trailheads provide access every one to five miles. The trail is open to hiking, biking, cross-country skiing, and restricted pet-walking. **No motorized vehicles are permitted.**

Suggested Hikes and Rides

Milford Beach to Pittman Orchard

A mostly flat hike with views of Raymondskill Cliff rising up from the valley floor. The cliffs were once the scene of film westerns. (2.3 miles one way; flat with some rolls and one steep hill at the north end).

Smithfield Beach to Turn Farm

This stretch runs through farmed sections close to historic River Road. Turn Farm Trailhead is on River Road at the end of a spur to the left. (3.2 miles one way to Turn Farm; level, easy). There are outdoor exhibit panels at Smithfield Beach and Turn Farm. **Do not bike on River Road!**

Bushkill Village to Headquarters

This interesting section climbs an old remote roadway, then rolls past barns, houses, and a fen. (One way 2.2 miles; steep to rolling, moderate).

Bushkill Village to White Pines

A flat hike or ride of up to 16.1 miles one way through farm fields, with river views at Jerry Lees and Eshback. Food store (but no trail parking) at Dingmans Campground. (One way 5.9 miles from Bushkill to Eshback; 8.1 miles from Eshback to Dingmans Campground; 2.1 miles from Dingmans to White Pines; level, easy).

Rules of the Road

Bike Safe. Hike Safe.

- Speed limit 15 m.p.h
- Bikers must yield to hikers
- Some sections of the trail are not complete; Observe directional and warning signs.

Pets

- Pets must be on a 6-foot leash.
- Pets are not permitted from a point 1/4 mile north of the boat launch at the north end of Smithfield Beach to the first footbridge south of the canoe launch at the south end of Smithfield Beach from June 1 to Sept. 8 yearly. The rest of the year, pets may pass through Smithfield Beach.

800 543-4295
24-hour toll free number to report crimes or emergencies in Delaware Water Gap National Recreation Area.

Seasonal Restrictions

- The trail between Pittman Orchard and White Pines Trailhead is closed from spring until mid-August for resource protection; most of this section allows hiking only year-round. Please observe restrictions posted on bulletin boards at these trailheads.
- River Road may close after snowfalls or heavy rain and windstorms.

Fees

There is no fee to use the trail.

- Milford and Smithfield Beaches, and Bushkill Access require a fee in season to park. All other trailheads are free. Some access points do not have trail parking.
- Persons on the trail who stop and use the beaches must pay a \$1.00 walk-in fee.

